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ABSTRACT

This annotated bibliography reviews journal articles, research studies, and audiovisual materials on the topic of counseling and teaching minority group members and culturally different individuals. Although many of the journal articles and research reports are cited in the ERIC data base, the bibliography also reviews films and filmstrips. The materials are arranged according to document type and then alphabetically by author. (HLM)

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# An Annotated Bibliography of Journal Literature Research and Audiovisual Materials Related to Counseling, Teaching and Understanding Minorities and the Culturally Different Individual

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TO THE EDUCATIONAL RESOURCES INFORMATION CENTER (ERIC)."

PERIODICALS

Anderson, Gurdy L., and Fuller, Chester. "A Focus on Career Guidance." Journal of Non-White Concern in Personnel and Guidance, Vol. 5, No. 1, October 1976, pp. 29-33.

Analyzes historical perspectives for career guidance of Blacks. The authors discuss concerns and implications for the future of career guidance.

Ayers, Mary Ellen. "Counseling Hispanic Americans." Occupational Outlook Quarterly, Vol. 23, No. 2, Summer 1979, pp. 3-8.

American's fastest growing minority population is made up of different subgroups, some of which need special help planning careers. Many programs exist that can assist counselors working with these groups. Existing programs are discussed.

Barrett, Barbara Nelson. "Enterprising Principles of Counseling the Low-Income Black Family." Journal of Non-White Concerns in Personnel and Guidance, Vol. 5, No. 1, October 1976, pp. 14-21.

Three principles of the enterprising approach to counseling the poor Black family are (1) Sensitizing the counselor to the attitudes, values, interest, and living conditions of Blacks; (2) Creating opportunities for Blacks to succeed in some of their endeavors; (3) Training the counselors as an intervening agent.

Birk, Janice M. "Women Counselors for Women Clients?" A Review of the Research, Tanney, Mary Faith. Counseling Psychology, Vol. 6, No. 2, 1976, pp. 22-31.

Reviews the available research on the effects of counselor's sex on the effectiveness of therapy for female clients. It concludes that research findings are not clear cut and that much remains on the extent and effects of stereotyping in the therapeutic relationship.

Cheathman, Harold E. "The Black College and University Counseling Center." Journal of College Student Personnel, Vol. 17, No. 6, November 1976, pp. 495-498.

This study investigates how counseling programs in Black colleges and universities are inappropriate for the clientele. Comparison is made between counseling in these institutions and in American colleges. Counseling programs are strikingly similar; The use of the word "inappropriate" asserts a perceived need to adopt a specific emphasis.

PERIODICALS

Daldrup, Roger J., and Daldrup, Lou Ann. "Alternatives to Counseling Minorities." Counseling and Values, Vol. 18, No. 3, 1974, pp. 166-170.

This article maintains that counseling techniques used for any particular category of people or directs its attention to categories is not as useful as an approach which applies to people as they are here and now.

Dill, Bonnie T. "Group Counseling and Communication Skills: "An Approach to College-Level Remediation and Counseling." Journal of Non-White Concerns in Personnel and Guidance, Vol. 4, No. 4, July 1976, pp. 167-172.

Describes the counselor's role in a remedial college program where group counseling is an important component of the communication skill program.

Fuller, Chester, and Kern, Roy. "The Effect of Hostile Clients on the Opposite Race Counselor." Journal of Non-White Concerns in Personnel and Guidance, Vol. 6, No. 4, July 1978, pp. 169-174.

This research examines client-expressed hostility and the differential effect of hostility as it relates to racial composition of the counseling dyad. Results indicate that a white counselor, when counseling a hostile Black is significantly more anxious than when counseling hostile white clients.

Gilsdrof, Dale L. "Counselor Preference of Mexican-American, Black, and White Community College Student." Journal of Non-White Concerns in Personnel and Gudiance, Vol. 6, No. 4, July 1978, pp. 162-168.

This research focuses on student perceptual choice regarding counselor ethnicity before counselor contact. Results indicate students are more likely to initiate a counseling relationship if counselors from their own ethnic group are available.

Griffith, Albert R. "A Cultural Perspective for Counseling Blacks." Humanist Educator, Vol. 16, No. 2, December 1977, pp. 80-85.

This article attempts to view Blacks as minorities from a subcultural perspective. This perspective is brought to bear on the question of identity and the process of schooling. Discontinuities brought about by the meeting of different cultures are examined.

Grossman, Fred, and Retish, Paul M. "Classroom Counseling: An Approach to Improve Students Self-Concept." Counseling and Values, Vol 21, No. 1, October 1976, pp. 64-66.

This article concerns itself with the problems of integrating into the curriculum a program designed to raise the self-concept of lower socio-economic status black students.

Harper D. Frederick, and Stone, Winifred. "Towards a Theory of Transcendent Counseling with Blacks." Journal of Non-White Concerns in Personnel and Guidance, Vol. 2, No. 4, July 1974, pp. 191-196.

Many Blacks do not have the patience or time for the passive and slow therapies; Often their concerns are problems that demand immediate action. The masses of Blacks are oriented toward experiencing failure in the system; therefore, they are suspicious of slow therapies and their purported long range results. The authors outline a theory for counseling Blacks.

Hendricks, Gaylord, "What Do I Do After They Tell Me How They Feel?" Personnel and Guidance Journal, Vol. 55, No. 5, January 1977, pp. 249-252.

The author describes a set of procedures used frequently in his own counseling practice which are part of a therapeutic approach he has termed "Integral Therapy."

Jeffries, Doris. "Counseling for the Strengths of the Black Woman." Counseling Psychologist. Vol. 6, No. 2, 1976, pp. 20-21.

The strengths of Black women is the focus of this paper, with the hope that from it will grow a more inclusive theory for counseling which will in turn generate new perspectives for research and practices.

Jones, Alison, and Seagull, Arthur A. "Dimensions of the Relationship Between the Black Client and the White Therapist: A Theoretical Overview." American Psychologist, Vol. 32, No. 10, October 1977, pp. 850-855.

Examines the importance of the white therapist understanding his or her own feelings, counter-transference, and the impact of the therapist's need to be powerful. Also explores the need of therapists for awareness of client-therapist interpersonal similarity and the need for an understanding of our social system.

Knefelkamp, L. Lee, and Others. "Cognitive and Developmental Theory." A Guide to Counseling Women. Counseling Psychologist, Vol. 6, No. 2, 1976, pp. 15-19.

The individual's attitude towards women's issues and the women's movement are no longer a side issue but, are major content areas that must be addressed by the counseling profession. This article addresses the problem of how to respond most helpfully to the concerns of women being counseled.

Lewis, Sinclair O. "Black Counselor Educators Use Peer Counseling." Journal of Non-White Concerns in Personnel and Guidance, Vol. 5, No. 1, October 1976, pp. 6-13.

The author suggests the need for Black counselor educators to make peer counseling a part of the counselor education curriculum.

McFadden, Johnnie. "Stylistic Dimensions of Counseling Blacks." Journal of Non-White Concerns in Personnel and Guidance, Vol. 5, No. 1, October 1976, pp. 23-28.

The author suggests that there are three stylistic dimensions of counseling Blacks; (1) Cultural-historical; (2) Psychosocial; (3) Scientific-ideological. The author discusses how these are related and indicates that these areas must be incorporated into counselor training programs.

Merluzzi, Thomas V., and Others. "Counselor Race and Power Base." Effects On Attitudes and Behavior. Journal of Counseling Psychology, Vol. 24, No. 5, September 1977, pp. 430-436.

Four interviewers, two black and two white, portrayed expert or referent roles and attempted to influence white subjects. Significant interactions of race and role were obtained, such that black-experts and white-referent interviewers were most influential in attitude and behavior change.

Miller, C. Dean and Oetting, Gene. "Barriers to Employment and The Disadvantaged." Personnel and Gudiance Journal, Vol. 56, No. 2, October 1977, pp. 89-93.

Barriers to employment for economically and vocationally disadvantaged persons are presented in this study. Four clusters of barriers are identified: Job qualifications, social and interpersonal conflicts, legal and financial problems, and emotional-personal problems. Counseling programs are also described to help individuals overcome these barriers.

PERIODICALS

Miller, Thomas W. "The Counselor with 20 20 Vision." Counseling and Values, Vol. 2, No. 1, October 1976, pp. 34-42.

The author examines the changes that will probably occur in our society in the future years and the challenges counselors must prepare to face in order to meet these changes.

Osborne, W. Larry. "Alternative Group Counseling: An Overview." Together, Vol. 1, No. 1, Spring 1976, pp. 14-23.

Alternative group counseling is a process designed to focus on assisting group members in making decisions regarding what to do about their concerns and learning how to carry out those decisions.

Scales, Alice M., and Smith, Gloria S. "Efficient Reading for Minorities: Implications for Counselors." Journal of Non-White Concerns in Personnel and Guidance, Vol. 4, No. 4, July 1976, pp. 162-166.

The author reviews the role of the counselor in helping minority students become efficient readers.

Schmedinghoff, Gearald J. "Counseling the Black Student in Higher Education: Is it a Racial, Socioeconomic, or Human Question?" Journal of College Student Personnel, Vol. 18, No. 6, November 1977, pp. 472-476.

In discussing problems of counseling Blacks in higher education, many authors confuse influences of racial and socioeconomic variaables. Rokeach's work in attitudinal and value differences between whites and Blacks suggest race itself is unimportant in the counseling dyad. Some implications of this conclusion are discussed.

Smith, Paul M., Jr. "The Realism of the Black Racism Hoax." Journal of Non-White Concerns in Personnel and Guidance, Vol. 4, No. 4, July 1976, pp. 202-206.

The author maintains that counselors must devote an adequate amount of their time to dealing with racism itself, if they are going to be helpful to Blacks. A discussion of racism in American society is presented.

## PERIODICALS

Sue, Derald Wing, and Sue David, "Barriers to Effective Cross-Cultural Counseling," Journal of Counseling Psychology, Vol. 24, No. 5, September 1977, pp. 420-428.

An analysis of the generic characteristics of counseling reveals three variables that interact in such a way as to seriously hinder counseling with "third word groups." These are, language variables, class-bound values, and culture-bound values. These generic characteristics are with value systems of various ethnic groups. Implications for counseling are explored.

Swearson, David X. "When They Think You Oughta Wanna Tell'Em What They Oughta Do." An Exercise in Exploring Responsibility. Counselor Education and Supervision, Vol. 16, No. 1, September 1976, pp. 71-73.

The "set up" exercise in a structured experience enabling Counselors and other helping professionals to examine in detail one aspect of the "counseling process," "response-ability."

## RESEARCH and REPORTS

Ballesteros, David, Counseling Needs of Spanish Speaking Americans, March 1970, 11 p., (ERIC Document No. ED 132 443).

This author feels there is a lack of insight and sensitivity in regard to understanding individual learning and behavioral patterns of spanish-speaking people. The author suggests that counseling and guidance should include cultural counseling and encouragement to contribute to the Hispanic student.

Banks, Hugh C., The Black Person as Client and as Therapist, 1972, 12 p., (ERIC Document No. ED 128 667).

This paper investigates particular aspects of the black person as a client and therapist. It emphasizes the importance of heterogeneity within the black population in the understanding of the black client, the black therapist and their interaction.

Banks, W.C., and McQuater, G.V., Achievement, Motivation and Black Children, 1976, 9 p., (ERIC Document No. ED 137 456).

This report critiques and analyzes material on factors affecting motivation of black children. Different aspects of research in the area are explored.

Calvin, Richmond, A Group Counseling Approach for Persons Who Work with Sickle Cell Anemia Clients, 1978, 11 p., (ERIC Document No. ED 164 665).

A survey conducted (by the author) in South Bend, Indiana, indicates the need for counseling on this subject.

Darton, Andrew W., Jr., and Linville, Malcolm E., Multi-Ethnic Cultural Materials to Prepare University Students to Teach in the Inner City: Lecture-Demonstration, 1977, 14 p., (ERIC Document No. ED 155 262).

A course designed to give university students an introduction of the varying social and cultural background of students in inner-city communities.

Ellis, George V., A Comparison of Black and White Boys on Attitudes Toward Guidance and on Counselor Preference by Race and Sex, March 1972, 47, p., (ERIC Document No. ED 133 657).

This study investigated attitudes of black and white male students towards guidance and their preference for a counselor on the basis of race and sex. A significant difference in the proportion of blacks preferring a black as compared to a white. Other difference are discussed.

Femminella, F.X., Applying Theories of White Ethnicity to the Non-White Experience, July 1976, 15, p., (ERIC Document No. ED 138 687).

Theories of assimilation which usually are used to explain the experience of white ethnic groups in America are reviewed. It is argued that, although the historical experience of non-white americans has been different from that of white americans, the author argues that theories of white ethnicity can be applied, with some modification to the non-white experience.

Gurin, Patricia, and Pruitt Anne, Counseling Implications of Black Women's Market Position, Aspirations and Expectancies, April 1978, 68 p., (ERIC Document No. ED 157 978).

The major premise of this paper is that career and educational counseling for women, and particularly for black women, need to be based on an understanding of their market position.

Hubble, Mark A., Effect of Counselor Attire on Outcomes of an Intial Counseling Session, 1973, 23 p., (ERIC Document No. ED 150 463).

The effects of counselor attire on outcomes of an initial counseling session was studied in a counseling analogue. Three counselors interviewed six clients in each of three attire conditions: Traditional, casual and highly casual. The results showed that clients felt significantly lower anxiety with casually attired counselors.

Joice, Wendell H., Subjective Reactions of Black College Students to Group Counseling, 1976, 23 p., (ERIC Document No. ED 159 551).

Examined were the subjective reactions to group counseling of 176 black remediation students at a predominantly black Eastern University. The results showed that counselees expressed positive evaluations to the framework or climate of their group but were neutral or negative regarding perceived intrapersonal gains resulting from their group experience.

McClure, Wilbert J., Counseling the Disadvantaged Black Client: A Higher Education Training Monograph, September 1978, 89 p., (ERIC Document No. ED 163 351).

A training workshop to assist the participants in upgrading their delivery of services to disadvantaged black clients. The content is targeted toward counselors and interviewers who directly deliver counseling services to disadvantaged black clients.

Mims, George L., Counselor Retrenchment: Implications for the Black Community, October 1977, 25 p., (ERIC Document No. ED 159 519).

During the late sixties and early seventies, many school districts and educational institutions appointed Blacks to various positions. The positions were designed to asist students who were disadvantaged. Many of these positions have now been retrenched. This study was designed to assess the impact and trends of retrenchment and it's effect upon guidance and student personnel practitioners in school districts.

Moody, Charles D., Sr., and Davis, Mary B., Counseling for Equal Opportunity, 1977, 102, p., (ERIC Document No. ED 156 790).

This paper addressed the issues of the changing roles of counselors, attitude of counselors, updating counseling strategies and techniques, It also addressed the problem of counseling students who have suffered from racism and/or sexism.

## RESEARCH and REPORTS

Noble, Vincente, Comp., and Others, Counseling the Black Client: An Annotated Bibliography of Journal Literature, 1964-1974, 1974, 91 p., (ERIC Document No. ED 130 201).

This bibliography contains 105 citations from professional journals covering the period 1964-1974. Articles are arranged alphabetically by author with an annotation defining purpose and conclusions for each.

Noble, Vincente, Comp., and Others, Counseling the Mexican American Client: An Annotated Bibliography of Journal Literature, 1964-1974, 1974, 83 p., (ERIC Document No. ED 130 199).

Each of the entries in this bibliography is annotated with special emphasis on methodology and conclusions of the works. All citations are from professional journals from 1964-1974.

Tribble, Ike, Jr., Motivational Counseling as an Educational Tool for Black Students, May 1973, 32 p., (ERIC Document No. Ed 160 670).

Motivational counseling facilitates the activation specific drives and incentives which trigger action or decisions on the part of black students. The author discusses such findings.

Weinberg, Meyer, Minority Students: A Research Appraisal, March 1977, p., 396 (ERIC Document No. ED 137 483).

Presents a comprehensive review of research on minority students and desegregation. An interdisciplinary approach to the problem and contrasting viewpoints of school integration and minority student education is used.

## FILMS and FILMSTRIPS

Afro - Affication. RMI Film Production, 1976; Library of Congress Film Catalog, 1977.

Accounts for the factors limiting the progress of Blacks, high unemployment, inferior education, poverty, isolation, and language.

Beyond Black and White. Avanti Films Motivational Media, 1975; Library of Congress Film Catalog, 1975.

Examines challenged attitudes of prejudice agains minorities. Shows how prejudice is often based on fictional cliches about minorities that have no factual validity. Explores the work of affirmative action programs in helping to overcome the effects of prejudice against minorities and women.

Black and White: Uptight. Avanti Films, 1969; Educational Motion Pictures Catalog, 1975.

Points out the fallacious and misinformed thinking which spawns racial prejudice and hate. Documents the way racial prejudice may be in grained in society, how it is masqued, and the ways it manifests itself.

Black is the Color. Film Modules, 1974; Library of Congress Film Catalog, 1977.

Discusses fears of student violence. Focusing on fear of Black students: For teacher training.

The Black Woman. NET, 1970; Educational Motion Pictures Catalog, 1975.

Black women discuss their role in contemporary society and the problems they confront.

Cultural Clashes: The Right to Be Different. American Broadcasting Co., 1972; Library of Congress Film Catalog, 1975.

Shows people who are set apart from society by their color, language or way of life; such as Detroit Blacks and the Chicanos of the Southwest.

Does Color Really Make a Difference? CAHIL, 1969; Educational Motion Pictures Catalog, 1975.

Portrays ethnic groups through a group of school children identified only by the color of their raincoats, hoods, and rainboots. Stresses the attitude and treatment one color displays towards another.

Games. National Audiovisual Center, 1973; Library of Congress Film Catalog, 1975.

Discusses the obstacles to equal employment opportunity. Exposes the games people play that keep minorities from advancing as their abilities would allow.

Life Skill Education. Association Films; Educators Guide to Free Films, 39th ed., 1979.

This film is concerned with meeting the needs of educationally disadvantaged adults and adolescents. It describes a promising new method of counseling and teaching which utilizes video and other media for helping adult learners acquire the social and psychological skills for choosing, finding, getting and keeping a job.

## FILMS and FILMSTRIPS

Melting Pot Myth. RMI Films, 1976; Library of Congress Film Catalog, 1977.

Shows reasons why ethnic minorities maintain the isolation and continue in poverty, unemployment, and substandard educational and social opportunities.

Resolving Conflicts Through Counseling. National Audiovisual Center, 1976; Library of Congress Film Catalog, July-December 1977.

Trains equal employment counselors in using the integrative approach in resolving discrimination complaint problems. Demonstrates counseling techniques.